

The Energy Saving Champion Programme

Laundry Energy Saver Challenge

Welcome to the Laundry Energy Saver Challenge, where you'll learn how to make your laundry routine more energy-efficient. This challenge is not only good for your wallet but also for the environment.



Mission 1: **Warm, not Hot**

Opt for a cool, 30°C wash for most laundry items, reserving 40°C for heavy-duty items like towels and bedsheets. Remember that the temperature on the label is the maximum, not the recommended temperature.



Mission 3: **Full Load**

Wait until you have a full load before starting the machine, but don't overstuff it – you should still be able to reach through to the back wall of the drum.



Mission 2: **Go Eco**

Choose the eco setting on your machine - although it takes longer it uses less energy.



Mission 4: **Harness the Wind**

When the weather permits, air dry your clothes outside. On rainy days, opt for a shed or well-ventilated room with a clothes horse.

Ways to wash less:

- 01 Wipe off dirt or brush it away to keep your clothes clean and lasting longer.
- 02 Hang or fold your clothes promptly to keep them wrinkle-free and ready for your next wear.
- 03 Wear an apron when cooking, painting, gardening or crafting.
- 04 Change into 'play wear' when you arrive home to extend the wear of your clothes.

When should I wash at 60°C?

Hot, 60°C washes have their place. Laundry from infants, individuals who are unwell, or those in healthcare settings should be washed at 60°C for thorough disinfection. Additionally, running a 60°C cycle every 2-3 months can maintain a bacteria-free washing machine. For all other laundry, cooler temperatures are usually sufficient.

